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Manual

IDK® Vitamin B₁ & B₆ LC-MS/MS Kit

For the in vitro determination of vitamin B, & B, in whole blood

Valid from 2023-03-16













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Table of Contents

1.	INTENDED USE	15
2.	INTRODUCTION	15
3.	MATERIAL SUPPLIED	16
4.	MATERIAL REQUIRED BUT NOT SUPPLIED	16
5.	PREPARATION, STORAGE AND STABILITY OF REAGENTS	17
	Calibrators and controls Precipitation solution Mobile phases A and B Autosampler wash solution	18 18
6.	STORAGE, STABILITY AND PREPARATION OF SAMPLE	18
7.	LC-MS/MS METHOD	19
8.	EXAMPLES OF CHROMATOGRAMS	19
9.	QUALITY CONTROL	20
	Reference range	20
10.	TESTCHARACTERISTICS	20
	Measuring range with limit of quantification (LOQ) Repeatability	
11.	PRECAUTIONS	21
12.	DISPOSAL	21
13.	TECHNICAL HINTS	22
14.	GENERAL NOTES ON THE TEST	22

1. INTENDED USE

The intended use of this device is assessment of vitamin profiles by determination of the levels of Vitamin A & E in serum/plasma, performed by automated quantitative LC-MS/MS assay technology. This kit is designed for laboratory professional use.

2. INTRODUCTION

Vitamins A (retinol) and E (α -Tocopherol) are fat-soluble vitamins, which perform important functions in the body.

Vitamin A plays an important role in vision, bone metabolism, and the synthesis of steroid hormones. Deficiency of vitamin A can lead to night blindness, skin dehydration, and hair loss.

Vitamin E protects, among others, unsaturated fatty acids in the cell membranes and the LDL cholesterol from attacks by reactive radicals, which can occur as a result of increased oxidative stress in the body. Deficiency of vitamin E can lead to permanent joint pain, making the determination of vitamin E levels essential in this case.

However, overdoses of these vitamins may cause hypervitaminosis with intoxication symptoms. In addition, chemotherapies should not be "accompanied" by extra vitamin supplements – especially high doses of vitamins A and E may limit the success of treatment.

Fig. 1: Retinol (vitamin A)

Fig. 2: α-tocopherol (vitamin E)

3. MATERIAL SUPPLIED

Cat. No.	Identifier	Kit components	Quantity
	AUTOWASH	Autosampler wash solution;	1 x 1 000 ml
	PREC	Precipitation solution (contains the internal standard)	3 x 100 ml
KM5200	CAL1-6	Calibrators 1–6; lyophilised (see product specification for concentration)	2 vials (à 500 μl) per level
	CTRL1-3	Controls 1–3; lyophilised (see product specification for concentration)	3 vials (à 500 μl) per level
	МОРНАА	Mobile phase A	1 x 250 ml
	МОРНАВ	Mobile phase B	1 x 500 ml

For reorders of single components, please use the catalogue number followed by the identifier without space as product number.

4. MATERIAL REQUIRED BUT NOT SUPPLIED

The following accessories are required for the *IDK*[®] Vitamin A & E LC-MS/MS application (not included in the kit):

- Precision pipettors and disposable tips to deliver 10–1 000 μl
- Centrifuge, 10 000 *g* (for reagent tubes or 96-well plate, depending on test procedure)
- · Vortex mixer
- Standard laboratory disposable plastic reagent tubes (e.g. 1.5 ml) and shaker for the reagent tubes (for test procedure in reagent tubes)
- 96-well plate and shaker for the plate (for test procedure in 96-well plate)
- LC-MS/MS system and suitable LC-MS vials / 96-well plate for the autosampler
- Ultrapure water*

*Immundiagnostik AG recommends the use of ultrapure water (water type 1; ISO 3696/LC-MS grade), which is free of undissolved and colloidal ions and organic molecules (free of particles $> 0.2 \,\mu\text{m}$) with an electrical conductivity of $0.055 \,\mu\text{S/cm}$ at $25\,^{\circ}\text{C}$ ($\geq 18.2 \,\text{M}\Omega\,\text{cm}$).

The following accessories for the *IDK*[®]Vitamin A & E LC-MS/MS application can be ordered seperately at Immundiagnostik AG:

- HPLC column (KM5200SP)
- all single components

Please ask for our single component price list. Please contact us for customized inquiries.

5. PREPARATION, STORAGE AND STABILITY OF REAGENTS

Note: Please unpack the kit components from the transport packaging immediately upon receipt and follow the instructions for storage conditions printed on the product labels.

All components should be stored protected from light, dry and at their given specified storage temperature. The test reagents stored in this way are usable until the indicated expiry date. The declared stated stabilities are only valid in case of no bacterial contamination.

Calibrators and controls

Handling:

Always remove the cap and rubber plug carefully (in order to avoid loss of content). Reconstitute the calibrators and controls as follows:

- Reconstitute each calibrator and control with exactly 500 µl distilled or deionised water and incubate for 15 min at room temperature.
- Next, mix the component thoroughly to make sure that all dry material has dissolved; do not shake too vigorously to avoid foam formation.
- Handle the prepared component as a patient sample during the test procedure.

Stability and storage:

Before reconstitution: 2–8°C Until expiry date printed on the product label.

After reconstitution: 2–8°C 48 h
After reconstitution: -20°C 1 week

Precipitation solution

Handling:

The component is liquid and ready for use.

Stability and storage:

Before opening: 2–8 °C Until expiry date printed on the product label.

After opening: 2–8 °C 2 weeks After opening: -20 °C 1 month

Mobile phases A and B

Handling:

The component is liquid and ready for use.

Stability and storage:

Store at 2–8 °C After first opening the component can be used for 6 weeks

if closed and stored at 2-8 °C or 2 weeks on the UHPLC.

Autosampler wash solution

Handling:

The component is liquid and ready for use.

Stability and storage:

Store at $2-8\,^{\circ}\text{C}$ After first opening the component can be used for $6\,\text{weeks}$ if

closed and stored at 2–8 °C or 2 weeks on the UHPLC.

6. STORAGE, STABILITY AND PREPARATION OF SAMPLE

Storage and Stability

Use serum, EDTA- or heparinplasma.

Avoid freeze-thaw cycles.

Sample preparation

#	96-well plate	1.5 ml reaction tube	
1.	Add 25 µl sample, CAL or CTRL in one well respectively reaction tube.		
3.	Add 975 μl PREC.		
4.	Seal plate and shake for at least 30 min.	Seal tubes and vortex for 30 s.	
4.	Centrifuge for 15 min at 150 g (until the sample is adequately separated).	Centrifuge for 5 min at 10 000 g.	
5.	Use directly the plate for the autosampler or transfer 400 µl of the supernatant in a suitable microtiter plate for the autosampler.		
6.	Injection into the LC-MS system (see application note).		

7. LC-MS/MS METHOD

Please refer to the application note or contact lcms@immundiagnostik.com for the LC-MS/MS method parameters.

8. EXAMPLES OF CHROMATOGRAMS

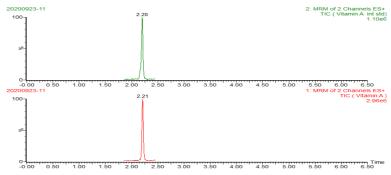


Fig. 3: Chromatogram (recorded with Waters TQS LC-MS/MS) for the internal standard (top) and analyte (bottom) of vitamin A.

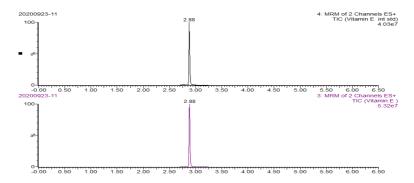


Fig. 4: Chromatogram (recorded with Waters TQS LC-MS/MS) for the internal standard (top) and analyte (bottom) of vitamin E

9. QUALITY CONTROL

Control samples should be analysed with each run. The results of the control samples are used to confirm the accuracy of the method. The test results may not be valid, if one or more values of the quality control sample are outside the acceptable range (see product specification).

Reference range

Vitamin A: 1.2–2.7 μmol/l (0.34–0.77 μg/ml) Vitamin E: 15–35 μmol/l (6.5–15.1 μg/ml)

We recommend each laboratory to establish its own reference range.

10. TESTCHARACTERISTICS

Measuring range with limit of quantification (LOQ)

Analyte	μmol/l (μg/ml)	
Vitamin A	0.25-8.5 (0.07-2.4)	
Vitamin E	3.5-60 (1.5-25.8)	

Repeatability

Vitamin A

Level	Measured value [μmol/l (μg/ml)]	Standard Deviation [μmol/l (μg/ml)]	CV [%]	N
Level 1	0.44 (0.13)	0.007 (0.002)	1.6	20
Level 2	2.9 (0.83)	0.011 (0.003)	0.4	20
Patient sample	2.5 (0.72)	0.087 (0.025)	0.5	20

Vitamin E

Level	Measured value [μmol/l (μg/ml)]	Standard Deviation [μmol/l (μg/ml)]	CV [%]	N
Level 1	6.0 (2.58)	0.098 (0.04)	1.6	20
Level 2	44.1 (18.99)	0.27 (0.12)	0.6	20
Patient sample	27.2 (11.72)	0.20 (0.09)	0.7	20

11. PRECAUTIONS

- Human material used in the kit components was tested and found to be negative for HIV1/2-, HBV- and HCV-antibodies, Hepatitis B-surface antigen, HIV1- and HCV-RNA, HBV-DNA (NAT). Still, all kit components should be treated as potentially infectious.
- The GHS symbols indicated on the individual components and specifications of the material safety data sheets (available on request from Immundiagnostik AG) must be noted. When working with these reagents, the legal protective precautions must be adhered to.
- The test components contain organic solvents. Avoid contact with skin or mucous membranes.

12. DISPOSAL

Autosampler wash solution (AUTOWASH), precipitation solution (PREC), mobile phase A (MOPHAA) und mobile phase B (MOPHAB) must be disposed as nonhalogenated solvents.

The calibrators (CAL1–6) and controls (CTRL1–3) should be disposed as potentially infectious material in accordance with local regulations.

13. TECHNICAL HINTS

- Do not mix different lot numbers of any kit component.
- Reagents should not be used beyond the expiration date shown on the kit label.
- The assay should always be performed according the enclosed manual.
- Plugs and caps of different reagents should not be swapped.
- The individual components of the kit are designed for a maximum of the specified number of test runs. Any part of the components that has already been used must not be reused.

14. GENERAL NOTES ON THE TEST

- This assay was produced and distributed according to the IVD guidelines of 98/79/EC.
- *IDK*[®] is a trademark of Immundiagnostik AG.
- All reagents in the kit package are for in vitro diagnostic use only.
- The guidelines for medical laboratories should be followed.
- Incubation time, incubation temperature and pipetting volumes of the components are defined by the producer. Any variation of the test procedure, which is not coordinated with the producer, may influence the results of the test. Immundiagnostik AG can therefore not be held responsible for any damage resulting from wrong use.
- Serious incidents are to be reported to Immundiagnostik AG and the national regulatory authorities.
- Please contact Immundiagnostik AG if one or more components of the kit are damaged, missing (see material supplied) or precipitates are visible in the ready-to-use solutions.
- Warranty claims and complaints in respect of deficiencies must be lodged within 14 days after receipt of the product. The product shall be send to Immundiagnostik AG together with a written complaint.

Used symbols:

