

# Instructions for Use

## SHIKARI® (QS-ADA)

# Adalimumab Specific ELISA

Enzyme immunoassay for the specific and quantitative determination of free Adalimumab (Humira®) in serum and plasma

<b>REF</b>	ADA-SPEC-ADA
	96 tests
	Shipment 10-30°C, Store 2-8°C
	MATRIKS BIOTECHNOLOGY CO., LTD. Bahcelievler Mah. 323/1 Cad. Gazi Universitesi Teknokent Binası C Blok No:10/50C/47 06830 Golbasi Ankara / TURKEY Tel +90 312 485 42 94

### 1. Intended Use

SHIKARI® Adalimumab ELISA has been especially developed for the specific and quantitative analysis of free adalimumab in serum and plasma samples. SHIKARI® Adalimumab Specific ELISA is optimized with Humira® and biosimilars.

### 2. General Information

Adalimumab binds with specificity to tumour necrosis factor-alpha (TNF-alpha) and inhibits its interaction with the p55 and p75 cell surface TNF receptors. Adalimumab also lyses surface tumour necrosis factor expressing cells in vitro when in the presence of complement. Adalimumab does not bind or inactivate lymphotoxin (Tumour necrosis factor-beta). TNF is a naturally occurring cytokine that plays a role in normal inflammatory and immune responses. Increased levels of TNF are found in the joint synovial fluid of rheumatoid arthritis, psoriatic arthritis, and ankylosing spondylitis patients, and play an imperative role in pathologic inflammation and the joint destruction that are major complications of these diseases. Increased levels of TNF are also measured in psoriasis plaques. In plaque psoriasis, treatment with adalimumab may decrease the epidermal thickness and inflammatory cell infiltration. The relationship between this pharmacodynamics and the mechanism(s) by which adalimumab achieves its clinical effects is not known. Additionally, adalimumab alters biological responses that are induced/regulated by TNF, including changes in the levels of adhesion molecules responsible for leukocyte migration during inflammation (ELAM-1, VCAM-1, and ICAM-1 with an IC50 of 1-2 X 10-10M).

The specificity of this test system is achieved by using monoclonal anti-adalimumab antibody to coat the microtiter plate. This antibody is specific for Adalimumab only and does not cross-react with other TNF-α capturers.

Therapeutic drug monitoring (TDM) is the clinical practice of measuring specific drugs at designated intervals to maintain a constant concentration in a patient's bloodstream, thereby optimizing individual dosage regimens. The indications for drug monitoring include efficacy, compliance, drug-drug interactions, toxicity avoidance, and therapy cessation monitoring. Additionally, TDM can help to identify problems with medication compliance among noncompliant patient cases.

Biologic medicinal products (biologics) have transformed treatment landscapes worldwide for patients with haematological or solid malignancies with the 21st century. Today, as data exclusivity periods of first wave biologics approach expiration/have expired, several biosimilar products (i.e., biologics that are similar in terms of quality, safety, and efficacy to an approved 'reference' biologic) are being developed or have already been approved for human use.

Like all biologics, biosimilars are structurally complex proteins that are typically manufactured using genetically engineered animal, bacterial or plant cell culture systems. Because of this molecular complexity and the proprietary nature of the manufacturing process, which will inevitably result in the use of different host cell lines and expression systems as well as related differences in manufacturing conditions, it is not possible to manufacture exact copies of a reference biologic.

When administered to patients, all therapeutic proteins have the potential to induce an unwanted immune response (i.e., to stimulate the formation of antidrug antibodies [ADAs]). The impact of immune responses can range from no apparent effect to changes in pharmacokinetics, loss of effect and serious adverse events. Furthermore, the immunogenicity profile of a biologic can be significantly altered by even small differences in its manufacturing process that are accompanied by a change in product attributes, as well as differences in dosing schedules, administration routes or patient populations.

SHIKARI® ELISA kits can be used for drug level and anti-drug antibodies measurements. SHIKARI® adalimumab ELISA products:

Brand	Description	Product Code
SHIKARI® (Q-ADA)	Adalimumab Free drug	ADA-FD-HUM
SHIKARI® (S-ATA)	Adalimumab Antibody screening - Qualitative	ADA-QLS-HUM
SHIKARI® (S-ATA)	Adalimumab Antibody screening - Quantitative	ADA-QNS-HUM
SHIKARI® (S-ATA)	Adalimumab Antibody screening - Free/Total semi-quantitative	ADA-QNFT-HUM
SHIKARI® (QS-ADA)	Adalimumab Free Drug/Specific and Quantitative	ADA-SPEC-ADA

Check the web page for the whole product list [www.matriksbiotek.com](http://www.matriksbiotek.com)

### 3. Test Principle

Solid phase enzyme-linked immunosorbent assay (ELISA) based on the sandwich principle. Standards and samples (serum or plasma) are incubated in the microtiter plate coated with the monoclonal anti-adalimumab antibody. After incubation, the wells are washed. Then, horse radish peroxidase (HRP) conjugated probe is added and binds to adalimumab captured by the reactant on the surface of the wells. Following incubation wells are washed and the bound enzymatic activity is detected by addition of tetramethylbenzidine (TMB) chromogen substrate. Finally, the reaction is terminated with an acidic stop solution. The color developed is proportional to the amount of free adalimumab in the sample or standard. Results of samples can be determined directly using the standard curve.

### 4. Warnings and Precautions

- For professional use only.
- In case of severe damage of the kit package please contact Matriks Biotek® or your supplier in written form, latest one week after receiving the kit. Do not use damaged components in test runs but keep safe for complaint related issues.
- Obey lot number and expiry date. Do not mix reagents of different lots. Do not use expired reagents.
- Before starting the assay, read the instructions completely and carefully. Use the valid version of the package insert provided with the kit. Be sure that everything is understood. For further information (clinical background, test performance, automation protocols, alternative applications, literature, etc.) please refer to the local distributor.
- Follow good laboratory practice and safety guidelines. Wear lab coats, disposable latex gloves and protective glasses where necessary.
- All reagents of this kit containing human serum or plasma (standards etc.) have been tested and were found negative for HIV I/II, HBSAg and Anti-HCV. However, a presence of these or other infectious agents cannot be excluded absolutely and therefore reagents should be treated as potential biohazards in use and for disposal.
- Reagents of this kit containing hazardous material may cause eye and skin irritations. See "Materials supplied", SDS and labels for details.
- Chemicals and prepared or used reagents must be treated as hazardous waste according the national biohazard safety guidelines or regulations.

### 5. Storage and Stability

The kit is shipped at ambient temperature (10-30°C) and should be stored at 2-8°C for long term storage. Keep away from heat or direct sunlight. The strips of microtiter plate are stable up to the expiry date of the kit in the broken, but tightly closed bag when stored at 2-8°C.

### 6. Specimen (Collection and Storage)

Serum, Plasma (EDTA, Heparin)

The usual precautions for venipuncture should be observed. Do not use grossly haemolytic, icteric or lipemic specimens. Samples appearing turbid should be centrifuged before testing to remove any particulate material. Avoid repeated freeze-thaw cycles for serum/plasma samples.

Samples should be diluted with the dilution rate given in the "Pre-test setup instructions" before the test.

Drug infusions may camouflages/mask the presence of antibody to drugs in serum/plasma samples. Therefore, blood sampling time is critical for detection of antibodies. It is recommended to take the blood sample just before the scheduled dose (trough specimen).

Storage	2-8°C	-20°C
Stability (serum/plasma)	2 days	6 months

### 7. Materials Supplied

Material	Quantity	Description
Microtiter Plate	1 x 12 x 8	Microtiter plate Break apart strips. Microtiter plate with 12 rows each of 8 wells coated with reactant.
Standard A-F	0,3 mL (each)	Standards A-F Standard A: 1000 ng/mL Standard B: 300 ng/mL Standard C: 100 ng/mL Standard D: 30 ng/mL Standard E: 10 ng/mL Standard F: 0 ng/mL Ready to use. Used for the standard curve and control. Contains adalimumab, human serum and stabilizer, <0,1% NaN <sub>3</sub> .
Controls	0,3 mL (each)	Control low and high levels Ready to use. Contains human serum and stabilizer, <0,1% NaN <sub>3</sub> . Control concentrations are given in "Quality control certificate"
Assay Buffer	1 x 50 mL	Assay buffer Ready to use. Blue coloured. Contains proteins, <0,1% NaN <sub>3</sub> .
Conjugate	1 x 12 mL	Horse radish peroxidase conjugated probe Ready to use. Red coloured. Contains HRP conjugated probe, stabilizer and preservatives.
Substrate	1 x 12 mL	TMB substrate solution Ready to use. Contains 3,3',5,5'-Tetramethylbenzidine (TMB).
Stop Buffer	1 x 12 mL	TMB stop solution Ready to use. 1N HCl.
Wash Buffer	1 x 50 mL	Wash buffer (20x) Prepared concentrated (20x) and should be diluted with the dilution rate given in the "Pre-test setup instructions" before the test. Contains buffer with tween 20.
Foil	2 x 1	Adhesive Foil For covering microtiter plate during incubation

### 8. Materials Required but Not Supplied

- Micropipettes and tips
- Calibrated measures
- Tubes for sample dilution
- Wash bottle, automated or semi-automated microtiter plate washing system
- Microtiter plate reader capable of measuring optical density with a photometer at OD 450nm with reference wavelength 650 nm (450/650 nm)
- Distilled or deionized water, paper towels, pipette tips and timer

### 9. Procedure Notes

- Any improper handling of samples or modification of the test procedure may influence the results. The indicated pipetting volumes, incubation times, temperatures and pre-treatment steps must be performed strictly according to the instructions. Use calibrated pipettes and devices only.
- Once the test has been started, all steps should be completed without interruption. Make sure that required reagents, materials and devices are prepared ready at the appropriate time. Allow all reagents and specimens to reach room temperature (18-25°C) and gently swirl each vial of liquid reagent and sample before use. Mix reagents without foaming.
- Avoid contamination of reagents, pipettes, and wells/tubes. Use new disposable plastic pipette tips for each reagent, standard or specimen. Do not interchange caps. Always cap not used vials. Do not reuse wells/tubes or reagents.
- Use a pipetting scheme to verify an appropriate plate layout.
- Incubation time affects results. All wells should be handled in the same order and time sequences. It is recommended to use an eight-channel micropipette for pipetting of solutions in all wells.
- Microplate washing is important. Improperly washed wells will give erroneous results. It is recommended to use a multichannel pipette or an automatic microplate washing system. Do not allow the wells to dry between incubations. Do not scratch coated wells during rinsing and aspiration. Rinse and fill all reagents with care. While rinsing, check that all wells are filled precisely with wash buffer, and that there are no residues in the wells.
- Humidity affects the coated wells/tubes. Do not open the pouch until it reaches room temperature. Unused wells/tubes should be returned immediately to the resealed pouch including the desiccant.

### 10. Pre-test Setup Instructions

- Preparation of components

<b>Component</b>	Wash buffer (Must be prepared before starting assay procedure)
<b>Dilute</b>	10 mL (e.g.)
<b>With</b>	Up to 200 mL
<b>Diluent</b>	Distilled water
<b>Dilution Ratio</b>	1/20
<b>Remarks</b>	Warm up 37°C to dissolve crystals. Mix vigorously.
<b>Storage</b>	2-8°C
<b>Stability</b>	2 weeks

- Dilution of samples

<b>Sample</b>	Serum/Plasma
<b>Diluent</b>	Assay buffer
<b>Dilution Ratio</b>	1/10
<b>Remarks</b>	1/10 dilution 20 µL sample + 180 µL assay buffer

Patient samples with a concentration of drug above the measuring range are to be rated as > "Highest Standard (Standard A)". The result must not be extrapolated. The patient sample in question should be further diluted with assay buffer and retested.

### 11. Test Procedure

	Total assay time: 70 minutes
1	Pipette 100 µL "Assay Buffer" into each of the wells to be used
2	Pipette 20 µL of each "Standards", "Low level control", "High level control" and diluted samples into the respective wells of microtiter plate  Wells A1: Standard A B1: Standard B C1: Standard C D1: Standard D E1: Standard E F1: Standard F G1: Low level control H1: High level control A2 and on: Samples
3	Cover the plate with adhesive foil Briefly mix contents by gently shaking the plate Incubate 30 minutes at room temperature (18-25°C)
4	Remove adhesive foil Discard incubation solution Wash plate three times each with 300 µL "Wash Buffer" Remove excess solution by tapping the inverted plate on a paper towel
5	Pipette 100 µL "Conjugate" into each well
6	Cover the plate with adhesive foil Incubate 30 minutes at room temperature (18-25°C)
7	Remove adhesive foil Discard incubation solution Wash plate three times each with 300 µL "Wash Buffer" Remove excess solution by tapping the inverted plate on a paper towel
8	Pipette 100 µL "Substrate" into each well
9	Incubate 10 minutes without adhesive foil at room temperature (18-25°C) in the dark
10	Stop the substrate reaction by adding 100 µL "Stop Solution" into each well Briefly mix contents by gently shaking the plate Colour changes from blue to yellow
11	Measure optical density with a photometer at OD 450nm with reference wavelength 650 nm (450/650 nm) within 30 minutes after pipetting the "Stop Solution"

### 12. Quality Control

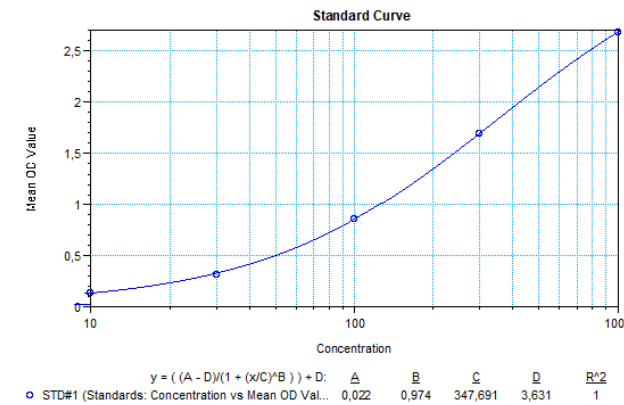
The test results are only valid if the test has been performed following the instructions. Moreover, the user must strictly adhere to the rules of GLP (Good Laboratory Practice) or other applicable standards/laws. For a valid study, the OD 450/650 of the highest standard should be >1,500 and the OD 450/650 of the lowest standard should be <0,150. In case of any deviation the following technical issues (but not limited to) should be reviewed: Expiration dates of reagents, storage conditions, pipettes, devices, incubation conditions, washing methods, etc.

### 13. Calculation and Interpretation of Results

- Create a standard curve by using the standards. OD 450/650 nm for each standard on the vertical (Y-axis) axis versus the corresponding drug concentration on the horizontal (X-axis) axis.
- The concentration of the samples can be read directly from this standard curve. Using the absorbance value for each sample, determine the corresponding concentration of drug from the standard curve. Find the absorbance value on the Y-axis and extend a horizontal line to the curve. At the point of intersection, extend a vertical line to the X-axis and read the drug concentration of the unknown sample.
- If computer data is going to be used, we recommend primarily "Four Parameter Logistic (4PL)" or secondly the "point-to-point calculation".
- To obtain the exact values of the samples, the concentration determined from the standard-curve must be multiplied by the dilution factor (10x). Any sample reading greater than the highest standard should be further diluted appropriately with assay buffer and retested. Therefore, if the pre-diluted samples have been further diluted, the concentration determined from the standard curve must be multiplied by the further dilution factor.
- e.g.; If the pre-diluted sample further diluted in a ratio of 1/10 then results should be multiplied by 100.
- For low and high level controls values, refer to "Quality Control Certificate" provided by each kit.

### 14. Analytical Performance

- Calibration curve (Linearity, Dilutional linearity):  $r > 0,95$



- This is only an example. Assay conditions will change in every assay and do not use this curve for your assay calculations.
- Sensitivity: The lowest detectable level (Lowest detection limit, LOD) that can be distinguished from the zero standard is 3 ng/mL  
Functional sensitivity (Limit of quantification-LOQ): 10 ng/mL
- Specificity: There is no cross reaction with native serum immunoglobulin  
Recovery <math><100\pm30\%</math>
- Precision: Intra-assay and inter-assay CVs <math><30\%</math>
- Reference range/Therapeutic range: There isn't any consensus for therapeutic ranges. Therapeutic ranges can be different for age, sex and diseases. Please refer to the latest literature for details.

The "Quality control certificate" contains lot specific analytical performance data and is supplied separately with each kit. If some further analytical performance data is needed, please refer to the local distributor.

### 15. Automation

SHIKARI® Adalimumab Specific ELISA is also suitable to run on automated ELISA processors.

### 16. Symbols and Cautions

	Manufacturer		Temperature limitation
	Production date		See instruction for use
	Expiry date		Caution
	Lot number		In vitro diagnostic medical device
	Catalog number		Control
	Do not use if package is damaged		Negative control
	Keep away from sunlight		Positive control
	Keep dry		Number of tests

According to ISO 15223

**Cautions:** The performance of the kit can be achieved by fully complying with the instructions. Modifications on the test procedure can affect the results and these kinds of changes will not be charged as regular complaints. This product is for professional use only and must be used for "intended use" that is given in the instructions for use. The results themselves should not be the only reason for any therapeutically consequences. They must be correlated to other clinical observations. Cut-off, reference ranges, etc. must be calculated/set according to scientific standards by the users/laboratories. Information in the instructions about cut-off, etc. performance characteristics, can only be considered as a recommendation and does not give any responsibility to the manufacturer.

**Limitations of liability:** The manufacturer's liability is limited to the purchase price of the product in all circumstances. The manufacturer cannot be held responsible for damage to the patient, lost profit, lost sales, damage to property or any other incidental or consequential loss.

**Technical support and complaints:** Technical support can be given upon request. If there is a problem with the product, complaints must be sent written to [info@matriksbiotek.com](mailto:info@matriksbiotek.com) with the technical data (if available) like standard curve, control results, etc. After the necessary examination, written reply will be given.

### 17. References

- Mease PJ. Adalimumab in the treatment of arthritis. Ther Clin Risk Manag 2007 Mar;3(1):133-48.
- Scheinfield N. Adalimumab (HUMIRA): A review. J Drugs Dermatol 2003 Aug;2(4):375-7.
- Humira FDA Label

### 18. Revision summary

Revision no	Release date	Explanation
01	08.08.2023	New documentation

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