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**Manual**

# **IDK<sup>®</sup> MPO ELISA**

***For the in vitro determination of myeloperoxidase (MPO)  
in serum and plasma***

Valid from 2019-03-20

**REF** **K 6631B**



**IVD** **CE**



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# Table of Contents

|   |           |
|---|-----------|
| <b>1. INTENDED USE</b>                                  | <b>19</b> |
| <b>2. INTRODUCTION</b>                                  | <b>19</b> |
| <b>3. MATERIAL SUPPLIED</b>                             | <b>20</b> |
| <b>4. MATERIAL REQUIRED BUT NOT SUPPLIED</b>            | <b>21</b> |
| <b>5. STORAGE AND PREPARATION OF REAGENTS</b>           | <b>21</b> |
| <b>6. STORAGE AND PREPARATION OF SAMPLES</b>            | <b>22</b> |
| <i>Preanalytic handling</i>                             | 22        |
| <i>Serum samples</i>                                    | 23        |
| <i>EDTA-plasma samples</i>                              | 23        |
| <b>7. ASSAY PROCEDURE</b>                               | <b>23</b> |
| <i>Principle of the test</i>                            | 23        |
| <i>Test procedure</i>                                   | 23        |
| <b>8. RESULTS</b>                                       | <b>25</b> |
| <b>9. LIMITATIONS</b>                                   | <b>25</b> |
| <b>10. QUALITY CONTROL</b>                              | <b>26</b> |
| <i>Reference range</i>                                  | 26        |
| <b>11. PERFORMANCE CHARACTERISTICS</b>                  | <b>26</b> |
| <i>Analytical sensitivity</i>                           | 26        |
| <i>Accuracy – Precision</i>                             | 27        |
| <i>Analytical specificity</i>                           | 27        |
| <i>Accuracy - Trueness</i>                              | 28        |
| <i>Linearity</i>  | 29        |
| <b>12. PRECAUTIONS</b>                                  | <b>30</b> |
| <b>13. TECHNICAL HINTS</b>                              | <b>30</b> |
| <b>14. GENERAL NOTES ON THE TEST AND TEST PROCEDURE</b> | <b>30</b> |
| <b>15. REFERENCES</b>                                   | <b>31</b> |
| <i>General literature</i>                               | 31        |
| <i>Literature using IDK® MPO ELISA</i>                  | 31        |

## 1. INTENDED USE

This Immundiagnostik AG assay is an enzyme immunoassay intended for the quantitative determination of MPO (myeloperoxidase) in serum and plasma For *in vitro* diagnostic use only.

## 2. INTRODUCTION

MPO is part of the defence mechanism of the polymorphonuclear leukocytes against exogenic substances. During bacterial infection, these leukocytes are stimulated by chemotactically effective substances (leukotrienes, complement factors, bacterial toxins etc.). They move to the site of the infection and encapsulate the foreign substances. If the foreign agent is located in an intracellular vacuole, different substances are used for the intracellular digestion. Amongst these are MPO, cationic proteins, lysozyme, lactoferrin and some acidic hydrolases. A strong surge of oxidative metabolism takes place, producing a high number of oxygen radicals which leads to the destruction of foreign proteins. Some of these molecules can leak into the extracellular space during this process. This happens to a greater extent, when the leukocytes cannot encapsulate the foreign body because of its size or in cases where the neutrophils are destroyed (by bacterial toxins, crystalline substances etc.).

MPO, together with hydrogen peroxide and a halogen, forms a very strong anti microbial system, which can effectively combat a number of microorganisms. MPO is present at high concentration in neutrophil granulocytes, whereas hydrogen peroxide is produced during infection/ inflammation. The MPO system is inhibited by catalase, excess of hydrogen peroxide and other reducing substances (e.g. ascorbic acid, glutathione). In the absence of these agents other cells in the extracellular space can be affected (e.g. spermatoocyte, erythrocytes, leukocytes, and tumor cells)

Apart from its implications in host defence, involvement of MPO has been described in numerous non-infectious diseases such as atherosclerosis, lung cancer, Alzheimer's disease, and multiple sclerosis. MPO is present and active within atherosclerotic lesions. Numerous lines of evidence suggest mechanistic links between myeloperoxidase, inflammation and both acute and chronic manifestations of cardiovascular disease.

Brennan et al. (2003) showed that in 604 sequentially ascertained patients presenting with chest pain, a single initial measurement of plasma myeloperoxidase was an independent early predictor of myocardial infarction, as well as the risk of major adverse cardiac events in ensuing 30-day and 6-month periods. In contrast to troponin T, creatine kinase MB isoform, and C-reactive protein levels, MPO levels may identify patients at risk for cardiac events in the absence of myocardial necrosis.

**Summary:** The inflammatory protein myeloperoxidase is present, active and mechanistically poised to participate in the initiation and progression of cardiovascular disease. The many links between myeloperoxidase, oxidation and cardiovascular disease suggest this leukocyte protein may have clinical utility in risk stratification for cardiovascular disease status and outcomes.

### Indications

- Marker for inflammatory activities in the gastrointestinal tract (Stool)
- Renal transplant rejection (Urine)
- Oxidative stress (Serum)
- For the differentiation between allergic and infectious asthma (bronchial lavage, respiratory condensate, sputum)
- Prediction of risk in patients with acute coronary syndromes (Serum)

## 3. MATERIAL SUPPLIED

| Cat. No.     | Label     | Kit components   | Quantity     |
|--------------|-----------|--|--------------|
| K 6631B      | PLATE     | Microtiter plate, pre-coated   | 12 x 8 wells |
| K 0001.C.100 | WASHBUF   | Wash buffer concentrate, 10x   | 1 x 100 ml   |
| K 6631B      | CONJ      | Conjugate concentrate, rabbit anti-MPO, peroxidase labelled antibody | 1 x 50 µl    |
| K 6631B      | STD       | MPO-Standards, lyophilised (see specification for concentrations)    | 4 x 6 vials  |
| K 6631B      | CTRL1     | Control, lyophilised (see specification for range)                   | 4 x 1 vial   |
| K 6631B      | CTRL2     | Control, lyophilised (see specification for range)                   | 4 x 1 vial   |
| K 6631B      | SAMPLEBUF | Sample dilution buffer, ready-to-use                                 | 1 x 100 ml   |
| K 0002.15    | SUB       | Substrate (Tetramethylbenzidine), ready-to-use                       | 1 x 15 ml    |
| K 0003.15    | STOP      | Stop solution, ready-to-use  | 1 x 15 ml    |

For reorders of single components, use the catalogue number followed by the label as product number.

## 4. MATERIAL REQUIRED BUT NOT SUPPLIED

- Ultrapure water\*
- Laboratory balance
- Calibrated precision pipettors and 10–1000 µl single-use tips
- Foil to cover the microtiter plate
- Horizontal microtiter plate shaker
- Multi-channel pipets or repeater pipets
- Centrifuge, 3000 g
- Vortex
- Standard single-use laboratory glass or plastic vials, cups, etc.
- Microtiter plate reader (required filters see chapter 7)

\* Immundiagnostik AG recommends the use of ultrapure water (water type 1; ISO 3696), which is free of undissolved and colloidal ions and organic molecules (free of particles > 0.2 µm) with an electrical conductivity of 0.055 µS/cm at 25 °C (≥ 18.2 MΩ cm).

## 5. STORAGE AND PREPARATION OF REAGENTS

- To run the assay more than once, ensure that reagents are stored at the conditions stated on the label. **Prepare only the appropriate amount necessary for each run.** The kit can be used up to 4 times within the expiry date stated on the label.
- Reagents with a volume less than **100 µl** should be centrifuged before use to avoid loss of volume.
- **Preparation of the wash buffer:** The **wash buffer concentrate (WASHBUF)** has to be diluted with ultrapure water **1:10** before use (100 ml WASHBUF + 900 ml ultrapure water), mix well. Crystals could occur due to high salt concentration in the concentrate. Before dilution, the crystals have to be redissolved at room temperature or in a water bath at 37 °C. The **WASHBUF** is stable at **2–8 °C** until the expiry date stated on the label. **Wash buffer** (1:10 diluted WASHBUF) can be stored in a closed flask at **2–8 °C for 1 month**.
- The **lyophilised standards (STD)** and **controls (CTRL)** are stable at **2–8 °C** until the expiry date stated on the label. **Reconstitution** details are given in the **specification data sheet**. **Standards and controls** (reconstituted STD and CTRL) **are not stable and cannot be stored**.
- **Preparation of the conjugate:** Before use, the **conjugate concentrate (CONJ)** has to be diluted **1:301** in wash buffer (40 µl CONJ + 12 ml wash buffer). The CONJ is stable at **2–8 °C** until the expiry date stated on the label. **Conjugate** (1:301 diluted CONJ) **is not stable and cannot be stored**.

- All other test reagents are ready-to-use. Test reagents are stable until the expiry date (see label) when stored at **2–8 °C**.

## 6. STORAGE AND PREPARATION OF SAMPLES

### *Preanalytic handling*

Significant differences in the MPO levels can be observed due to different sample preparation procedures, e.g. analysis of plasma or serum samples. The reasons are as follows:

- The granulocytes are activated during the serum clotting and release granulocyte-activating markers. The time between serum collecting and analysis as well as repeated freeze-thaw cycles don't cause a MPO concentration shift.
- On the contrary, in the case of plasma samples, varying the time between sampling and analysis or the number of freeze-thaw cycles will cause variation in the observed MPO levels. Therefore, the preanalytical conditions of plasma samples should be held constant. This is a general requirement independent of the test-system used.
- Fresh collected serum/plasma should be centrifuged within one hour. Store samples at -20 °C for up to 3 months if not assayed on the same day. Lipemic or hemolytic samples may give erroneous results. Samples should be mixed well before assaying. We recommend duplicate analyses for each sample.
- The preanalytical handling is critical for accurate and consistent/reproducible MPO measurement results.
- Shih et al. (2008) report that MPO concentrations were consistently higher in serum and heparin plasma samples than in samples in EDTA or citrate and recommend the analysis of EDTA plasma samples. Furthermore, the authors investigated the effects of preanalytical handling, storage temperature and time for EDTA plasma, lithium-heparin and citrate preparation. Less than 10% differences were found after storage of samples at room temperature for 2 days, after storage at 2–8 °C for 8 days, and after 3 freeze-thaw cycles for all sample types
- Videm (1996) describes at heparin concentrations, as applied in clinical practice, a dose-dependent increase in granulocyte activation as measured by MPO release, quantitated in enzyme-immunoassay. Thus, direct effects of heparin on granulocytes, e.g. MPO release and concentration, should be taken into consideration for the evaluation of MPO results of samples from patients receiving systemic heparin therapy.

### *Serum samples*

Serum samples must be diluted **1:40** before performing the assay,

e.g. **25 µl** sample + **975 µl** SAMPLEBUF, mix well.

**100 µl** of the dilution are used in the test.

### *EDTA-plasma samples*

EDTA plasma samples must be diluted **1:10** before performing the assay,

e.g. **100 µl** sample + **900 µl** SAMPLEBUF, mix well

**100 µl** of the dilution are used in the test.

## **7. ASSAY PROCEDURE**

### *Principle of the test*

This ELISA is designed for the determination of human MPO and utilises the two-site sandwich technique. Two selected polyclonal antibodies bind to human MPO.

Standards, controls and prediluted patient samples containing human MPO are added to wells of microplate that was coated with a high affine polyclonal anti-human MPO antibody. After the first incubation period, antibody immobilised on the wall of microtiter wells captures human MPO in the sample. Then a peroxidase-conjugated polyclonal anti-human MPO antibody is added to each microtiter well and a “sandwich” of capture antibody – human MPO – Peroxidase conjugate is formed. Tetramethylbenzidine (TMB) is used as a substrate for peroxidase. Finally an acidic stop solution is added to terminate the reaction. The colour changes from blue to yellow. The intensity of the yellow colour is directly proportional to the concentration of MPO in the sample. A dose response curve of the absorbance unit (optical density, OD at 450 nm) vs. concentration is generated, using the values obtained from the standard. MPO, present in the patient samples, is determined directly from this curve.

### *Test procedure*

Bring all **reagents and samples to room temperature** (15–30°C) and mix well.

Mark the positions of standards/controls/samples on a protocol sheet.

Take as many microtiter strips as needed from the kit. Store unused strips together with the desiccant bag in the closed aluminium packaging at 2–8°C. Strips are stable until expiry date stated on the label.

For automated ELISA processors, the given protocol may need to be adjusted according to the specific features of the respective automated platform. For further details please contact your supplier or Immundiagnostik AG.

We recommend to carry out the tests in duplicate.

|     |   |
|-----|---|
| 1.  | <b>Before use</b> , wash the wells <b>5 times</b> with <b>250 µl wash buffer</b> . After the final washing step, remove residual wash buffer by firmly tapping the plate on absorbent paper.  |
| 2.  | Add each <b>100 µl standards/controls/diluted samples</b> into the respective wells.  |
| 3.  | Cover the plate tightly and incubate for <b>1 hour</b> at room temperature (15-30°C) on a <b>horizontal shaker*</b> .   |
| 4.  | Discard the content of each well and wash <b>5 times</b> with <b>250 µl wash buffer</b> . After the final washing step, remove residual wash buffer by firmly tapping the plate on absorbent paper.   |
| 5.  | Add <b>100 µl conjugate</b> (diluted CONJ) into each well.  |
| 6.  | Cover the plate tightly and incubate for <b>1 hour</b> at room temperature (15-30°C) on a <b>horizontal shaker*</b> .   |
| 7.  | Discard the content of each well and wash <b>5 times</b> with <b>250 µl wash buffer</b> . After the final washing step, remove residual wash buffer by firmly tapping the plate on absorbent paper.   |
| 8.  | Add <b>100 µl substrate</b> (SUB) into each well.   |
| 9.  | Incubate for <b>10–20 min**</b> at room temperature (15–30°C) in the <b>dark</b> .  |
| 10. | Add <b>100 µl stop solution</b> (STOP) into each well and mix well.   |
| 11. | Determine <b>absorption immediately</b> with an ELISA reader at <b>450 nm</b> against 620 nm (or 690 nm) as a reference. If no reference wavelength is available, read only at 450 nm. If the extinction of the highest standard exceeds the range of the photometer, absorption must be measured immediately at <b>405 nm</b> against 620 nm as a reference. |

\* We recommend shaking the strips at 550 rpm with an orbit of 2 mm.

\*\* The intensity of the colour change is temperature sensitive. We recommend observing the colour change and stopping the reaction upon good differentiation.



## 8. RESULTS

The following algorithms can be used alternatively to calculate the results. We recommend using the "4 parameter algorithm".

### 1. 4 parameter algorithm

It is recommended to use a linear ordinate for the optical density and a logarithmic abscissa for the concentration. When using a logarithmic abscissa, the zero standard must be specified with a value less than 1 (e.g. 0.001).

### 2. Point-to-point calculation

We recommend a linear ordinate for the optical density and a linear abscissa for the concentration.

### 3. Spline algorithm

We recommend a linear ordinate for the optical density and a linear abscissa for the concentration.

The plausibility of the duplicate values should be examined before the automatic evaluation of the results. If this option is not available with the programme used, the duplicate values should be evaluated manually.

### Serum

The obtained results have to be multiplied by the **dilution factor of 40** to get the actual concentrations.

### Plasma

The obtained results have to be multiplied by the **dilution factor of 10** to get the actual concentrations.

In case **another dilution factor** has been used, multiply the obtained result by the dilution factor used.

## 9. LIMITATIONS

Samples with concentrations above the measurement range can be further diluted and re-assayed. Please consider this higher dilution when calculating the results.

Samples with concentrations lower than the measurement range cannot be clearly quantified.

The upper limit of the measurement range can be calculated as:

*highest concentration of the standard curve × sample dilution factor to be used*

The lower limit of the measurement range can be calculated as:

$$\text{LoB} \times \text{sample dilution factor to be used}$$

LoB see chapter "Performance Characteristics".

## 10. QUALITY CONTROL

Immundiagnostik AG recommends the use of external controls for internal quality control, if possible.

Control samples should be analysed with each run. Results, generated from the analysis of control samples, should be evaluated for acceptability using appropriate statistical methods. The results for the patient samples may not be valid if within the same assay one or more values of the quality control sample are outside the acceptable limits.

### *Reference range*

Based on Immundiagnostik AG studies of serum and EDTA-plasma samples of apparently healthy persons the following reference range was estimated.

|                               |                    |
|-------------------------------|--------------------|
| MPO from serum (n = 20)       | median = 444 ng/ml |
| MPO from EDTA-plasma (n = 20) | median = 108 ng/ml |

We recommend each laboratory to establish its own reference range.

## 11. PERFORMANCE CHARACTERISTICS

### *Analytical sensitivity*

The following values have been estimated based on the concentrations of the standard without considering possibly used sample dilution factors.

|                            |             |
|----------------------------|-------------|
| Limit of blank, LoB        | 0.128 ng/ml |
| Limit of detection, LoD    | 0.260 ng/ml |
| Limit of quantitation, LoQ | 0.324 ng/ml |

The evaluation was performed according to the CLSI guideline EP-17-A2. The specified accuracy goal for the LoQ was 20 % CV.

## Accuracy – Precision

### Repeatability (Intra-Assay); n = 40

The repeatability was assessed with 2 serum samples under **constant** parameters (same operator, measurement system, day and kit lot).

| Sample | Mean value [ng/ml] | CV [%] |
|--------|--------------------|--------|
| 1      | 465.93             | 2.6    |
| 2      | 198.94             | 2.3    |

### Reproducibility (Inter-Assay); n = 24

The reproducibility was assessed with 4 serum samples under **varying** parameters (different operators, measurement systems, days and kit lots).

| Sample | Mean value [ng/ml] | CV [%] |
|--------|--------------------|--------|
| 1      | 459.87             | 4.8    |
| 2      | 190.62             | 5.3    |
| 3      | 199.06             | 4.8    |
| 4      | 798.43             | 5.8    |

## Analytical specificity

The specificity of the antibody was tested by measuring the cross-reactivity against a range of compounds with structural similarity to MPO. There was no cross-reactivity observed.

| Substance tested | Concentration added | Concentration obtained [ng/ml] | Conclusion |
|------------------|---------------------|--------------------------------|------------|
| α1-Antitrypsin   | 90 µg/l             | 0.010                          | < LoB      |
| Albumin          | 800 µg/l            | 0.009                          | < LoB      |
| CRP              | 150 ng/ml           | 0.009                          | < LoB      |
| Lysozyme         | 30 ng/ml            | 0.008                          | < LoB      |
| sIgA             | 600 ng/ml           | 0.012                          | < LoB      |
| PMN-Elastase     | 40 ng/ml            | 0.019                          | < LoB      |
| Calprotectin     | 500 ng/ml           | 0.008                          | < LoB      |
| Hemoglobin       | 100 ng/ml           | 0.013                          | < LoB      |

### Accuracy - Trueness

The trueness states the closeness of the agreement between the result of a measurement and the true value of the measurand. Therefore, MPO-spikes with known concentrations were added to 5 different serum samples. The samples were diluted by the volume of the spike. This was considered when calculating the expected values. The results below were obtained without consideration of the sample dilution factor:

| Sample [ng/ml] | Spike [ng/ml] | Expected [ng/ml] | Obtained [ng/ml] | Recovery [%] |
|----------------|---------------|------------------|------------------|--------------|
| 5.22           | 2.4           | 6.93             | 6.55             | 94.55        |
|                | 4.6           | 8.57             | 8.10             | 94.52        |
|                | 8.9           | 11.67            | 10.62            | 91.00        |
|                | 16.6          | 17.23            | 14.16            | 82.16        |
| 5.07           | 2.4           | 6.78             | 6.79             | 100.14       |
|                | 4.6           | 8.43             | 8.59             | 101.95       |
|                | 8.9           | 11.53            | 11.73            | 101.72       |
|                | 16.6          | 17.10            | 16.50            | 96.48        |
| 7.58           | 9.24          | 9.13             | 9.24             | 98.80        |
|                | 10.84         | 9.71             | 10.84            | 89.59        |
|                | 13.86         | 11.80            | 13.86            | 85.16        |
|                | 19.27         | 15.53            | 19.27            | 80.61        |
| 16.22          | 1.8           | 18.25            | 17.60            | 96.41        |
|                | 3.6           | 20.21            | 18.96            | 93.81        |
|                | 6.8           | 23.91            | 20.02            | 83.74        |
|                | 12.7          | 30.53            | 25.89            | 84.79        |
| 13.75          | 1.8           | 15.83            | 14.85            | 93.79        |
|                | 3.6           | 17.84            | 16.26            | 91.16        |
|                | 6.8           | 21.62            | 19.11            | 88.39        |
|                | 12.7          | 28.41            | 24.73            | 87.06        |

### Linearity

The linearity states the ability of a method to provide results proportional to the concentration of analyte in the test sample within a given range. This was assessed according to CLSI guideline EP06-A with a serial dilution of 3 serum and 3 plasma samples.

For MPO in serum and plasma, the method has been demonstrated to be linear from 0.93 to 23.23 ng/ml based on the standard curve without considering possibly used sample dilution factors, showing a non-linear behaviour of less than  $\pm 20\%$  in this interval.

| Sample   | Dilution | Expected [ng/ml] | Obtained [ng/ml] | Recovery [%] |
|----------|----------|------------------|------------------|--------------|
| Serum 1  | 1:40     | 8.44             | 8.44             | 100.00       |
|          | 1:80     | 4.22             | 4.87             | 115.52       |
|          | 1:160    | 2.11             | 2.56             | 121.47       |
| Serum 2  | 1:40     | 4.87             | 4.87             | 100.00       |
|          | 1:80     | 2.44             | 2.83             | 116.17       |
|          | 1:160    | 1.22             | 1.52             | 124.38       |
| Serum 3  | 1:40     | 7.56             | 7.56             | 100.00       |
|          | 1:80     | 3.78             | 4.24             | 112.12       |
|          | 1:160    | 1.89             | 2.24             | 118.66       |
| Plasma 1 | 1:10     | 3.73             | 3.73             | 100.00       |
|          | 1:20     | 1.86             | 2.01             | 107.73       |
|          | 1:40     | 0.93             | 1.12             | 120.10       |
| Plasma 2 | 1:20     | 9.15             | 9.15             | 100.00       |
|          | 1:40     | 4.58             | 3.75             | 81.91        |
| Plasma 3 | 1:20     | 23.23            | 23.23            | 100.00       |
|          | 1:40     | 11.62            | 13.37            | 115.06       |

## 12. PRECAUTIONS

- All reagents in the kit package are for *in vitro* diagnostic use only.
- Human materials used in kit components were tested and found to be negative for HIV, Hepatitis B and Hepatitis C. However, for safety reasons, all kit components should be treated as potentially infectious.
- Kit reagents contain sodium azide or ProClin as bactericides. Sodium azide and ProClin are toxic. Substrates for the enzymatic colour reactions are toxic and carcinogenic. Avoid contact with skin or mucous membranes.
- The stop solution consists of diluted sulphuric acid, a strong acid. Although diluted, it still must be handled with care. It can cause burns and should be handled with gloves, eye protection, and appropriate protective clothing. Any spill should be wiped up immediately with copious quantities of water. Do not breath vapour and avoid inhalation.

## 13. TECHNICAL HINTS

- Do not interchange different lot numbers of any kit component within the same assay. Furthermore we recommend not assembling wells of different microtiter plates for analysis, even if they are of the same batch.
- Control samples should be analysed with each run.
- Reagents should not be used beyond the expiration date stated on kit label.
- Substrate solution should remain colourless until use.
- To ensure accurate results, proper adhesion of plate sealers during incubation steps is necessary.
- Avoid foaming when mixing reagents.
- Do not mix plugs and caps from different reagents.
- The assay should always be performed according to the enclosed manual.

## 14. GENERAL NOTES ON THE TEST AND TEST PROCEDURE

- This assay was produced and distributed according to the IVD guidelines of 98/79/EC.
- The guidelines for medical laboratories should be followed.
- IDK® is a trademark of Immundiagnostik AG.

- Incubation time, incubation temperature and pipetting volumes of the components are defined by the producer. Any variation of the test procedure, which is not coordinated with the producer, may influence the results of the test. Immundiagnostik AG can therefore not be held responsible for any damage resulting from incorrect use.
- Warranty claims and complaints regarding deficiencies must be logged within 14 days after receipt of the product. The product should be send to Immundiagnostik AG along with a written complaint.

## 15. REFERENCES












### *General literature*

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**Used symbols:**

|   |                                    |   |                                   |
|---|------------------------------------|---|-----------------------------------|
|  | Temperature limitation             |  | Catalogue Number                  |
|  | In Vitro Diagnostic Medical Device |  | To be used with                   |
|  | Manufacturer                       |  | Contains sufficient for <n> tests |
|  | Lot number                         |  | Use by                            |
|  | Attention                          |  | Consult instructions for use      |
|  | Consult specification data sheet   |   |                                   |