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Manual

# **IDK® PMN elastase ELISA**

For the in vitro determination of PMN elastase in stool

Valid from 2020-08-20



K 6830











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# **Table of Contents**

1.	INTENDED USE	17
2.	INTRODUCTION	17
3.	MATERIAL SUPPLIED	17
4.	MATERIAL REQUIRED BUT NOT SUPPLIED	18
5.	PREPARATION AND STORAGE OF REAGENTS	18
6.	PREPARATION AND STORAGE OF SAMPLES	19
	Extraction of the stool samples	19
	Sample storage	
7.	ASSAY PROCEDURE	20
	Principle of the test	20
	Test procedure	21
8.	RESULTS	22
9.	LIMITATIONS	23
10.	QUALITY CONTROL	23
	Reference range	23
11.	PERFORMANCE CHARACTERISTICS	24
	Accuracy - Precision	24
	Analytical sensitivity	
	Linearity	
	Analytical specificity	26
12.	PRECAUTIONS	26
13.	TECHNICAL HINTS	27
14.	GENERAL NOTES ON THE TEST AND TEST PROCEDURE	27
15.	REFERENCES	27

#### 1. INTENDED USE

This Immundiagnostik AG assay is an enzyme immunoassay intended for the quantitative determination of PMN elastase in stool. For *in vitro* diagnostic use only.

#### 2. INTRODUCTION

PMN elastase from human polymorphonuclear granulocytes is a glycoprotein of 30 kDa which belongs to the group of serine proteases. Active PMN elastase is released from azurophil granula of neutrophil granulocytes after irritation or disintegration. The determination of the PMN elastase in stool is used to record inflammatory reactions in which neutrophils are involved. Especially in Crohn's disease, the inflammatory process is accompanied by an increased phagocytic activity and the biological decay of the phagocytic cells, which leads to an increased release of PMN elastase and other lysosomal enzymes.

#### **Indications**

- Activation marker for Morbus Crohn
- · Chronic joint inflammation
- · Bacterial infection, sepsis

#### 3. MATERIAL SUPPLIED

Cat. No.	Label	Kit components	Quantity
K 6830	PLATE	Microtiter plate, pre-coated	12 x 8 wells
K 0001.C.100	WASHBUF	Wash buffer concentrate, 10x	2 x 100 ml
K 6830	EXBUF	Extraction buffer, ready-to-use	2 x 100 ml
K 6830	K 6830 AB Detection antibody concentrate (second antibody, mouse-anti-PN elastase, monoclonal), lyophilise		2 x 1 vial
K 6830 CONJ		Peroxidase-labelled antibody (goat-anti-mouse-POD), ready-to-use	1 x 15 ml
K 6830	K 6830 CAL Calibrator, lyophilised (see specification for concentrate)		4x 1 vial
K 6830 CTRL 1		CTRL 1 Control, lyophilised (see specification for range)	
K 6830	CTRL 2 Control, lyophilised (see specification for range)		4x 1 vial

Cat. No.	Label	Kit components	Quantity
K 0002.15	SUB	Substrate (tetramethylbenzidine), ready-to-use	1 x 15 ml
K 0003.15	STOP	Stop solution, ready-to-use	1 x 15 ml

For reorders of single components, use the catalogue number followed by the label as product number.

### 4. MATERIAL REQUIRED BUT NOT SUPPLIED

- Ultrapure water\*
- Stool sample application system such as cat. no.: K 6998SAS
- Calibrated precision pipettors and 10–1000 µl single-use tips
- Foil to cover the microtiter plate
- Horizontal microtiter plate shaker
- Multi-channel pipets or repeater pipets
- Vortex
- Standard single-use laboratory glass or plastic vials, cups, etc.
- Microtiter plate reader (required filters see chapter 7)
  - \* Immundiagnostik AG recommends the use of ultrapure water (water type 1; ISO 3696), which is free of undissolved and colloidal ions and organic molecules (free of particles > 0.2  $\mu$ m) with an electrical conductivity of 0.055  $\mu$ S/cm at 25 °C ( $\geq$  18.2 M $\Omega$ cm).

#### 5. PREPARATION AND STORAGE OF REAGENTS

- To run the assay more than once, ensure that reagents are stored at the conditions stated on the label. Prepare only the appropriate amount necessary for each run. The kit can be used up to 4 times within the expiry date stated on the label
- Reagents with a volume less than 100 μl should be centrifuged before use to avoid loss of volume.
- Preparation of the wash buffer: The wash buffer concentrate (WASHBUF) has to be diluted with ultrapure water 1:10 before use (100 ml WASHBUF + 900 ml ultrapure water), mix well. Crystals could occur due to high salt concentration in the concentrate. Before dilution, the crystals have to be redissolved at room temperature or in a water bath at 37 °C. The WASHBUF can be used until the expiry date stated on the label when stored at 2–8 °C. Wash buffer (1:10 diluted WASHBUF) can be stored in a closed flask at 2–8 °C for 1 month.

- Use 100 μl wash buffer as blank.
- The lyophilised detection antibody concentrate (AB) can be used until the
  expiry date stated on the label when stored at 2–8 °C. Details for reconstitution and dilution are given in the specification data sheet.
- The lyophilised calibrator (CAL) and controls (CTRL) can be used until the expiry date stated on the label when stored at 2–8 °C. Before use, the CAL and CTRL have to be reconstituted with 500 µl of ultrapure water. Allow the vial content to dissolve for 10 minutes and mix thoroughly to ensure complete reconstitution. Calibrator and controls (reconstituted CAL and CTRL) are not stable and cannot be stored.
- All other test reagents are ready-to-use. Test reagents can be used until the expiry date (see label) when stored at 2–8°C.

#### 6. PREPARATION AND STORAGE OF SAMPLES

# Extraction of the stool samples

**Extraction buffer** (EXBUF) is used as a **sample extraction buffer**. We recommend the following sample preparation:

# Stool Sample Application System (SAS) (Cat. No.: K 6998SAS)

## Stool sample tube - Instructions for use

Please note that the dilution factor of the final stool suspension depends on the amount of stool sample used and the volume of the buffer.

# SAS with 0.75 ml sample extraction buffer:

Applied amount of stool: 15 mg
Buffer Volume: 0.75 ml
Dilution Factor: 1:50

Please follow the instructions for the preparation of stool samples using the SAS as follows:

- a) The raw stool sample has to be thawed. For particularly heterogeneous samples we recommend a mechanical homogenisation using an applicator, inoculation loop or similar device.
- b) Fill the empty stool sample tube with 0.75 ml sample extraction buffer (EXBUF) before using it with the sample. Important: Allow the sample extraction buffer to reach room temperature.

c) Unscrew the tube (yellow part of cap) to open. Insert the yellow dipstick into the sample. The lower part of the dipstick has notches which need to be covered completely with stool after inserting it into the sample. Place dipstick back into the tube. When putting the stick back into the tube, excess material will be stripped off, leaving 15 mg of sample to be diluted. Screw tightly to close the tube.

- d) Vortex the tube well until no stool sample remains in the notches. **Important:** Please make sure that you have a maximally homogenous suspension after shaking. Especially with more solid samples, soaking the sample in the tube with sample extraction buffer for ~ 10 minutes improves the result.
- e) Allow sample to stand for ~10 minutes until sediment has settled. Floating material like shells of grains can be neglected.
- f) Carefully unscrew the complete cap of the tube including the blue ring plus the dipstick. Discard cap and dipstick. Make sure that the sediment will not be dispersed again.

#### Dilution Factor: 1:50

For analysis, pipet **100 µl** of the supernatant per well.

# Sample storage

PMN elastase in raw stool is stable for one month at -20 °C. Avoid repeated freezing and thawing.

Extracted stool samples are stable for 7 days at -20 °C or for 2 days at 2-8 °C. Avoid repeated freezing and thawing as well as exposure to elevated temperatures.

### 7. ASSAY PROCEDURE

# Principle of the test

In a first incubation step, PMN elastase in the sample is bound to polyclonal rabbit-anti-PMN elastase antibodies, which are immobilised on the surface of the microtiter wells. To remove all unbound substances, a washing step is carried out. In a second incubation step, a monoclonal mouse-anti-PMN elastase antibody is added. This antibody is able to detect both the free and the complexed form with the specific inhibitor ( $\alpha$ 1-proteinase inhibitor =  $\alpha$ 1-antitrypsin). The quantification of the bound PMN elastase is carried out by adding an anti-mouse peroxidase-labelled conjugate. Finally, the PMN elastase-antigen-antibody-complex is incubated with the peroxidase substrate, tetramethylbenzidine. An acidic stop solution is then added to terminate the reaction. The colour changes from blue to yellow. The intensity of the yellow

colour is directly proportional to the concentration of PMN elastase in the sample. The concentration of PMN elastase can be quantified by referring the optical density of the calibrator to a lot-dependent master calibration curve.

# Test procedure

Bring all reagents and samples to room temperature (15–30 °C) and mix well.

Mark the positions of calibrator/controls/blank/samples on a protocol sheet.

Take as many microtiter strips as needed from the kit. Store unused strips together with the desiccant bag in the closed aluminium packaging at 2–8 °C. Strips are stable until expiry date stated on the label.

For automated ELISA processors, the given protocol may need to be adjusted according to the specific features of the respective automated platform. For further details please contact your supplier or Immundiagnostik AG.

We recommend to carry out the tests in duplicate.

1.	<b>Before use</b> , wash the wells <b>5 times</b> with <b>250 µl wash buffer</b> . After the final washing step, remove residual wash buffer by firmly tapping the plate on absorbent paper.
2.	Add each $100\mu l$ calibrator/controls/blank/diluted samples into the respective wells.
3.	Cover the strips and incubate for <b>1 hour</b> at room temperature (15–30 °C) on a <b>horizontal shaker</b> *.
4.	Discard the content of each well and wash <b>5 times</b> with <b>250 µl wash buffer</b> . After the final washing step, remove residual wash buffer by firmly tapping the plate on absorbent paper.
5.	Add <b>100 µl</b> of <b>antibody solution</b> (diluted AB) into each well.
6.	Cover the strips and incubate for <b>1 hour</b> at room temperature (15–30 °C) on a <b>horizontal shaker</b> *.
7.	Discard the content of each well and wash <b>5 times</b> with <b>250 µl wash buffer</b> . After the final washing step, remove residual wash buffer by firmly tapping the plate on absorbent paper.
8.	Add 100 µl conjugate (CONJ) into each well.
9.	Cover the strips and incubate for <b>1 hour</b> at room temperature (15–30 °C) on a <b>horizontal shaker</b> *.

10.	Discard the content of each well and wash <b>5 times</b> with <b>250 µl wash buffer</b> . After the final washing step, remove residual wash buffer by firmly tapping the plate on absorbent paper.
11.	Add <b>100 μl substrate</b> (SUB) into each well.
12.	Incubate for <b>10–20 min**</b> at room temperature (15–30 °C) in the <b>dark</b> .
13.	Add <b>100 μl stop solution</b> (STOP) into each well and mix well.
14.	Determine <b>absorption immediately</b> with an ELISA reader at <b>450 nm</b> against 620 nm (or 690 nm) as a reference. If no reference wavelength is available, read only at 450 nm. If the extinction of the highest standard exceeds the range of the photometer, absorption must be measured immediately at <b>405 nm</b> against 620 nm as a reference.

<sup>\*</sup> We recommend shaking the strips at 550 rpm with an orbit of 2 mm.

#### 8. RESULTS

For result evaluation, please use a four parametric logit-log model based on the calibration curve of the respective kit lot and the calibrator value (CAL). All essential information on the calibration curve is provided on the QC data sheet of the respective product lot.

The calibration curve can be expressed either by the concentration of each standard with its corresponding optical density or by the four parameters A, B, C and D. In both cases the optical density of the calibrator (CAL) is essential. Depending on your evaluation software program, either the one or the other kind of data described above should be entered.

**Caution**: Please make sure that all parameters and values are transferred accurately into your software as minor deviations can cause severe errors during evaluation.

The plausibility of the duplicate values should be examined before the automatic evaluation of the results. If this option is not available with the program used, the duplicate values should be evaluated manually.

<sup>\*\*</sup> The intensity of the colour change is temperature sensitive. We recommend observing the colour change and stopping the reaction upon good differentiation.

#### Stool samples

The obtained results have to be multiplied by the **dilution factor of 50** to get the actual concentrations.

In case **another dilution factor** has been used, multiply the obtained result by the dilution factor used.

#### 9. LIMITATIONS

Samples with concentrations above the measurement range (see definition below) can be further diluted and re-assayed. Please consider this higher dilution when calculating the results.

Samples with concentrations lower than the measurement range (see definition below) cannot be clearly quantified.

The upper limit of the measurement range can be calculated as:

highest concentration of the calibration curve  $\times$  sample dilution factor to be used The lower limit of the measurement range can be calculated as:

LoB × sample dilution factor to be used

LoB see chapter "Performance characteristics".

# **10. QUALITY CONTROL**

Immundiagnostik AG recommends the use of external controls for internal quality control, if possible.

Control samples should be analysed with each run. Results, generated from the analysis of control samples, should be evaluated for acceptability using appropriate statistical methods. The results for the patient samples may not be valid if within the same assay one or more values of the quality control sample are outside the acceptable limits.

# Reference range

1 g stool is equivalent to 1 ml.

PMN elastase concentrations in faeces of healthy persons (n = 76): < 62 ng/ml We recommend each laboratory to establish its own reference concentration range.

## 11. PERFORMANCE CHARACTERISTICS

# Accuracy - Precision

#### Repeatability (Intra-Assay); n = 27

The repeatability was assessed with 3 stool samples under **constant** parameters (same operator, instrument, day and kit lot).

Sample	Mean value [ng/ml]	CV [%]
1	62.95	8.2
2	150.06	4.2
3	57.90	9.4

#### Reproducibility (Inter-Assay); n = 46

The reproducibility was assessed with 3 stool samples under **varying** parameters (different operators, instruments, days and kit lots).

Sample	Mean value [ng/ml]	CV [%]
1	158.66	12.9
2	133.66	13.9
3	186.61	14.4

## Analytical sensitivity

The following values have been estimated based on the concentrations of the standards without considering possibly used sample dilution factors.

Limit of blank, LoB0.060 ng/mlLimit of detection, LoD0.269 ng/mlLimit of quantitation, LoQ0.309 ng/ml

The evaluation was performed according to the CLSI guideline EP-17-A2. The specified accuracy goal for the LoQ was  $20\,\%$  CV.

# Linearity

The linearity states the ability of a method to provide results proportional to the concentration of analyte in the test sample within a given range. This was assessed according to CLSI guideline EP06-A with a serial dilution of 2 different high level with low level stool samples.

For PMN elastase in stool, the method has been demonstrated to be linear from 0.37 to 2.54 ng/ml based on the standard curve without considering possibly used sample dilution factors, showing a non-linear behaviour of less than  $\pm 20\%$  in this interval.

Sample	Dilution	Expected [ng/ml]	Obtained [ng/ml]	Recovery [%]
	High sample	-	2.54	-
	1:1.11	2.29	2.57	111.99
	1:1.25	2.05	2.33	113.66
	1:1.43	1.80	2.10	116.78
A	1:1.67	1.55	1.85	119.72
A	1:2.00	1.30	1.48	113.82
	1:2.50	1.05	1.28	121.62
	1:3.33	0.80	0.99	122.96
	1:5.00	0.55	0.46	83.26
	Low sample	-	negative	-
	High sample	-	2.29	-
	1:1.11	2.10	2.01	95.85
	1:1.25	1.90	1.73	90.65
	1:1.43	1.71	1.53	89.18
	1:1.67	1.52	1.43	94.12
В	1:2.00	1.33	1.14	86.09
	1:2.50	1.14	0.99	87.38
	1:3.33	0.94	0.97	102.95
	1:5.00	0.75	0.75	99.56
	1:10.00	0.56	0.63	111.50
	Low sample	-	0.37	-

# Analytical specificity

The specificity of the antibody was tested by measuring the cross-reactivity against a range of compounds with structural similarity to PMN elastase. There was no cross-reactivity observed.

Substance tested	Concentration added	Concentration obtained [ng/ml]	Conclusion
α1-Antitrypsin	90 μg/l	< 0,060	< LoB
Albumin	800 μg/l	< 0,060	< LoB
slgA	600 ng/ml	< 0,060	< LoB
Lysozyme	30 ng/ml	< 0,060	< LoB
Haemoglobin	1 000 μg/ml	< 0,060	< LoB
Haemoglobin-Hapto- globin-Complex	40 mU/l	< 0,060	< LoB
CRP	150 ng/ml	< 0,060	< LoB
Pancreatic Amylase	28 333 mU/l	< 0,060	< LoB
Chymotrypsin	1 000 ng/ml	< 0,060	< LoB
Myeloperoxidase	100 ng/ml	< 0,060	< LoB
Immunoglobulin E	500 ng/ml	< 0,060	< LoB

#### 12. PRECAUTIONS

- All reagents in the kit package are for in vitro diagnostic use only.
- Human materials used in kit components were tested and found to be negative for HIV, Hepatitis B and Hepatitis C. However, for safety reasons, all kit components should be treated as potentially infectious.
- Kit reagents contain sodium azide or ProClin as bactericides. Sodium azide and ProClin are toxic. Substrates for the enzymatic colour reactions are toxic and carcinogenic. Avoid contact with skin or mucous membranes.
- The stop solution consists of diluted sulphuric acid, a strong acid. Although
  diluted, it still must be handled with care. It can cause burns and should be
  handled with gloves, eye protection, and appropriate protective clothing. Any
  spill should be wiped up immediately with copious quantities of water. Do not
  breath vapour and avoid inhalation.

#### 13. TECHNICAL HINTS

• Do not interchange different lot numbers of any kit component within the same assay. Furthermore, we recommend not assembling wells of different microtiter plates for analysis, even if they are of the same batch.

- Control samples should be analysed with each run.
- Reagents should not be used beyond the expiration date stated on kit label.
- Substrate solution should remain colourless until use.
- To ensure accurate results, proper adhesion of plate sealers during incubation steps is necessary.
- · Avoid foaming when mixing reagents.
- Do not mix plugs and caps from different reagents.
- The assay should always be performed according to the enclosed manual.

#### 14. GENERAL NOTES ON THE TEST AND TEST PROCEDURE

- This assay was produced and distributed according to the IVD guidelines of 98/79/EC.
- Quality control guidelines should be followed.
- *IDK*<sup>®</sup> is a trademark of Immundiagnostik AG.
- Incubation time, incubation temperature and pipetting volumes of the components are defined by the producer. Any variation of the test procedure, which is not coordinated with the producer, may influence the results of the test. Immundiagnostik AG can therefore not be held responsible for any damage resulting from incorrect use.
- Warranty claims and complaints regarding deficiencies must be logged within 14 days after receipt of the product. The product should be send to Immundiagnostik AG along with a written complaint.

#### 15. REFERENCES

- Heinichen, C., Buessecker, F., Arndt, B., Schmidt-Gayk, H. & Kramer, M. D. PMN-Elastase in Faezes: Etablierung eines Lumineszenz-Immunoassays und Prüfung der diagnostischen Relevanz bei Morbus Crohn. Clin. Lab. 41, 539–545 (1995).
- 2. Oremek, G. M. & Schneider, D. PMN-Elastase. mta 10, 273–278 (1995).

3. Derhaschnig, U. et al. Recombinant human activated protein C (rhAPC; drotrecogin alfa [activated]) has minimal effect on markers of coagulation, fibrinolysis, and inflammation in acute human endotoxemia. *Blood* **102**, 2093–8 (2003).

## **Used symbols:**

