

# IDK<sup>®</sup> Kynurenine



**Detecting high risk**  
for  
**major adverse  
kidney events  
(MAKE)**

## **IDK<sup>®</sup> Kynurenine ELISA**

**Competitive ELISA for quantitative determination of KYN (L-kynurenine) in human serum, plasma, and dried blood samples**

- ▶ **Basics:** L-kynurenine is a **player in vasodilation**
- ▶ **Research:** L-kynurenine **predicts kidney events**
- ▶ **Clinical diagnostics:** High circulating L-kynurenine values measured before contrast media administration indicate complications such as death, dialysis or long-standing creatinine increase

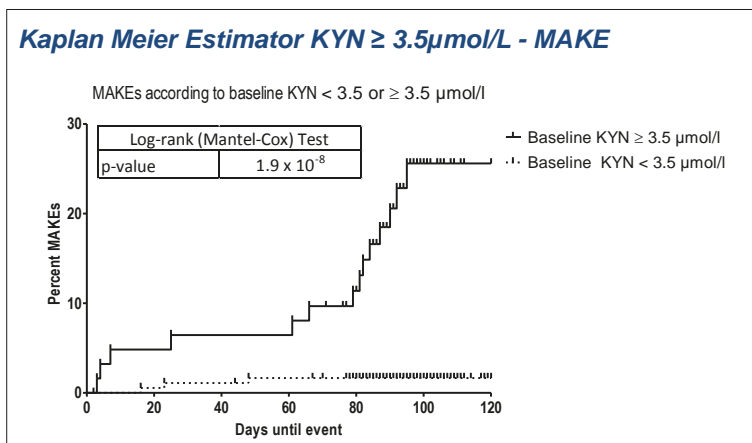


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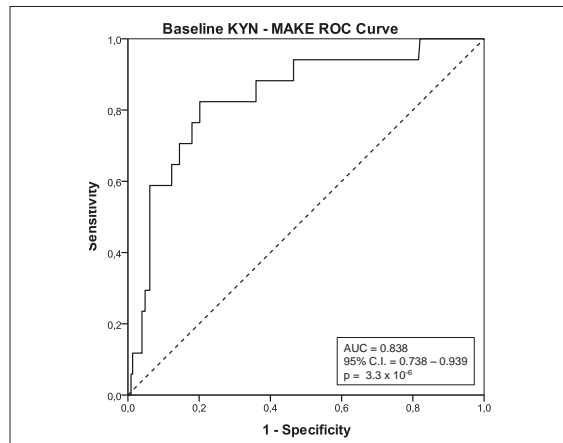
**L-kynurenine** is the main product of the degradation of **L-tryptophan** catalysed by **indoleamine 2,3-dioxygenase (IDO)**, and it is an up-coming and highly relevant marker in vascular research.

Kynurenine is a strong endothelium-derived vasodilator, which is highly increased in cardiovascular diseases, when NO formation is disturbed<sup>1,2</sup>. The hypothesis is as follows: Physiologically, IDO can be inhibited by NO. In inflammation, endothelial NO synthase (eNOS) is disturbed and NO production is limited. In this state, IDO is induced and L-kynurenine levels increase, which indicates a massively impaired vascular function<sup>3,4</sup>.

This is particularly critical when patients undergo contrast media administration. In our study, we found that patients with a circulating kynurenine level higher than 3.5 µmol/L have a high risk of experiencing a major adverse kidney event (MAKE) (see Figure 1). A ROC analysis indicates a very good discriminatory performance of kynurenine with an AUC of 0.84 (see Figure 2).



**Fig. 1:** Percentage of major adverse kidney event (MAKE) (death, dialysis or a doubling of plasma creatinine) within 120 days after contrast media administration. 245 Patients were included into the study. Figure from Reichetzedler et al., 2016<sup>5</sup>.



**Fig. 2:** ROC curve analysis for detection of MAKE using measurement of kynurenine levels in serum. The cut-off value was KYN > 3.5 mol/L. The area under the ROC curve was 0.838 (95 % C.I. = 0.738 - 0.939, p < 3.3 x 10<sup>-6</sup>). Figure from Reichetzedler et al., 2016<sup>5</sup>.

**In summary:** Serum kynurenine is a prognostic marker for adverse outcomes after contrast media administration.

IDK® Kynurenine	
Matrix	EDTA plasma, serum, dried blood samples
Sample volume	25 µL (plasma, serum) 50 µL (dried blood samples)
Test principle	ELISA
Cat. No.	K 7728

**Related Assays:**

- IDK® Kynurenine high sensitive ELISA (KR3728) (RUO)
- IDK® Tryptophan ELISA (K 7730)
- IDK® Tryptophan high sensitive ELISA (KR3730) (RUO)
- IDK® IDO ELISA (KR7727) (RUO)
- IDK® IDO activity ELISA (K 7726)

**CE** US: all products: Research Use Only. Not for use in diagnostic procedures.

**Literature:**

- Fujigaki H et al. (2006) Nitration and inactivation of IDO by peroxynitrite. *J Immunol* 176: 372–379.
- Sulo G et al. (2013) Neopterin and kynurenine-tryptophan ratio as predictors of coronary events in older adults, the Hordaland Health Study. *International Journal of Cardiology* 168(2): 1435–1440. doi:10.1016/j.ijcard.2012.12.090
- Pedersen ER et al. (2013) Urinary excretion of kynurenine and tryptophan, cardiovascular events, and mortality after elective coronary angiography. *European Heart Journal* 34: 2689–2696. doi:10.1093/eurheartj/ehs264
- Eussen SJPM et al. (2015) Kynurenines as predictors of acute coronary events in the Hordaland Health Study. *International Journal of Cardiology* 189: 18–24. doi:10.1016/j.ijcard.2015.03.413
- Reichetzedler C et al. (2016) Serum Kynurenin als prognostischer Marker für Langzeit-Outcome nach Kontrastmittel-Koronarangiographie. *Poster 137 presented at Deutscher Kongress für Nephrologie, September 10–13, 2016, Berlin*